

# Falafel

## Nutrition Facts

3 Servings Per Container

**Serving Size** 513g

**Amount Per Serving**  
**Calories** 2050

**% Daily Value \***

**Total Fat** 47g 60%

Saturated Fat 5g 27%

*Trans* Fat 0g

**Cholesterol** 0mg 0%

**Sodium** 500mg 20%

**Total Carbohydrates** 292g 106%

Dietary Fiber 55g 196%

Total Sugars 54g

Includes 0g Added Sugars 0%

**Protein** 110g

Vitamin D 0mcg 0%

Calcium 240mg 20%

Iron 24.3mg 140%

Potassium 4140mg 90%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Chickpea Flour, Chickpeas, Oil, corn, peanut, and olive, Onion Powder, Baking Soda, Cumin seed, Cloves

**Contains:** Peanuts

Vegan

Vegetarian