

Chili w/Meat & Beans

Nutrition Facts

3 Servings Per Container

Serving Size 10 oz (772g)

Amount Per Serving
Calories **740**

% Daily Value *

Total Fat 25g **32%**

Saturated Fat 8g **42%**

Trans Fat 1g

Cholesterol 95mg **31%**

Sodium 1210mg **50%**

Total Carbohydrates 93g **34%**

Dietary Fiber 30g **105%**

Total Sugars 44g

Includes 0g Added Sugars **0%**

Protein 50g

Vitamin D 0mcg 0%

Calcium 220mg 15%

Iron 13.3mg 70%

Potassium 2880mg 60%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Crushed Tomatoes, Ground Beef, Kidney Beans, Sweet Onions, Chipotle Pepper, Green Chili, Garlic, Chili powder, Cumin seed, Bay leaf, Cayenne Pepper