

New Orleans Red Beans, Rice and Andouille

Nutrition Facts

2 Servings Per Container

Serving Size 12 oz (1268g)

Amount Per Serving
Calories 1280

% Daily Value *

Total Fat 20g **25%**

Saturated Fat 6g **32%**

Trans Fat 0g

Cholesterol 40mg **13%**

Sodium 1060mg **45%**

Total Carbohydrates 230g **83%**

Dietary Fiber 34g **120%**

Total Sugars 20g

Includes 0g Added Sugars **0%**

Protein 49g

Vitamin D 0.9mcg 4%

Calcium 330mg 25%

Iron 15.8mg 90%

Potassium 2300mg 50%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: White Rice, Kidney Beans, Sweet Onions, Green Peppers, Sausage, pork, chorizo, link or ground, raw, Celery, Garlic Powder, Paprika, Garlic, Onion Powder, Oregano, Bay leaf, Cayenne Pepper

Contains: Celery