

Grilled Chicken

Nutrition Facts

1 Serving Per Container

**Serving Size 8 Oz or 2 cutlets
(235g)**

Amount Per Serving

Calories 410

% Daily Value *

Total Fat 14g **18%**

Saturated Fat 3g **16%**

Trans Fat 0g

Cholesterol 235mg **79%**

Sodium 120mg **6%**

Total Carbohydrates 0g **0%**

Dietary Fiber 0g **0%**

Total Sugars 0g

Includes 0g Added Sugars **0%**

Protein 69g

Vitamin D 0mcg 0%

Calcium 20mg 2%

Iron 1.3mg 8%

Potassium 890mg 20%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Chicken Breast, Extra Virgin Olive Oil, Spices, poultry seasoning