

# Chicken Parmesan

## Nutrition Facts

1 Serving Per Container

**Serving Size 8 oz or 2 cutlets  
(669g)**

**Amount Per Serving**  
**Calories 1050**

**% Daily Value \***

**Total Fat** 53g **68%**

Saturated Fat 20g **98%**

*Trans* Fat 0g

**Cholesterol** 385mg **128%**

**Sodium** 1510mg **70%**

**Total Carbohydrates** 60g **22%**

Dietary Fiber 8g **27%**

Total Sugars 13g

Includes 0g Added Sugars **0%**

**Protein** 85g

Vitamin D 1.1mcg 6%

Calcium 710mg 50%

Iron 9.1mg 50%

Potassium 1710mg 35%

\* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**Ingredients:** Crushed Tomatoes, Chicken, Mozzarella Cheese, Eggs, Bread Crumbs, All-Purpose Flour, Extra Virgin Olive Oil, Unsalted Butter, Italian Seasoning

**Contains:** Milk, Eggs, Wheat