

Chicken Fried Rice

Nutrition Facts

3 Servings Per Container

Serving Size 10 oz (831g)

Amount Per Serving

Calories 870

% Daily Value *

Total Fat 19g **25%**

Saturated Fat 4g **19%**

Trans Fat 0g

Cholesterol 225mg **74%**

Sodium 870mg **40%**

Total Carbohydrates 119g **43%**

Dietary Fiber 7g **23%**

Total Sugars 15g

Includes 0g Added Sugars **0%**

Protein 52g

Vitamin D 0.7mcg 4%

Calcium 150mg 10%

Iron 6.5mg 35%

Potassium 1190mg 25%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Basmati Rice, Chicken, Sweet Onions, Snow Peas, Carrots, Egg, whole, cooked, scrambled, Spring Onions, Soy Sauce, Hoisin Sauce, Sesame Oil, Garlic

Contains: Eggs, Soy, Sesame