

Chicken & Andouille Gumbo

(no seafood)

Nutrition Facts

3 Servings Per Container

Serving Size 8 Oz (759g)

Amount Per Serving
Calories 700

% Daily Value *

Total Fat 20g	25%
Saturated Fat 6g	31%
<i>Trans</i> Fat 0g	
Cholesterol 230mg	77%
Sodium 1750mg	80%
Total Carbohydrates 50g	18%
Dietary Fiber 6g	21%
Total Sugars 15g	
Includes 0g Added Sugars	0%
Protein 81g	
Vitamin D 0.6mcg	4%
Calcium 230mg	20%
Iron 5.5mg	30%
Potassium 1930mg	40%

* The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Ingredients: Chicken Bone Broth (no sodium), Chicken, Sweet Onions, Green Peppers, Sausage, pork, chorizo, link or ground, raw, Celery, Spring Onions, All-Purpose Flour, Garlic, Cajun Spice, Thyme, Bay leaf

Contains: Celery, Wheat